



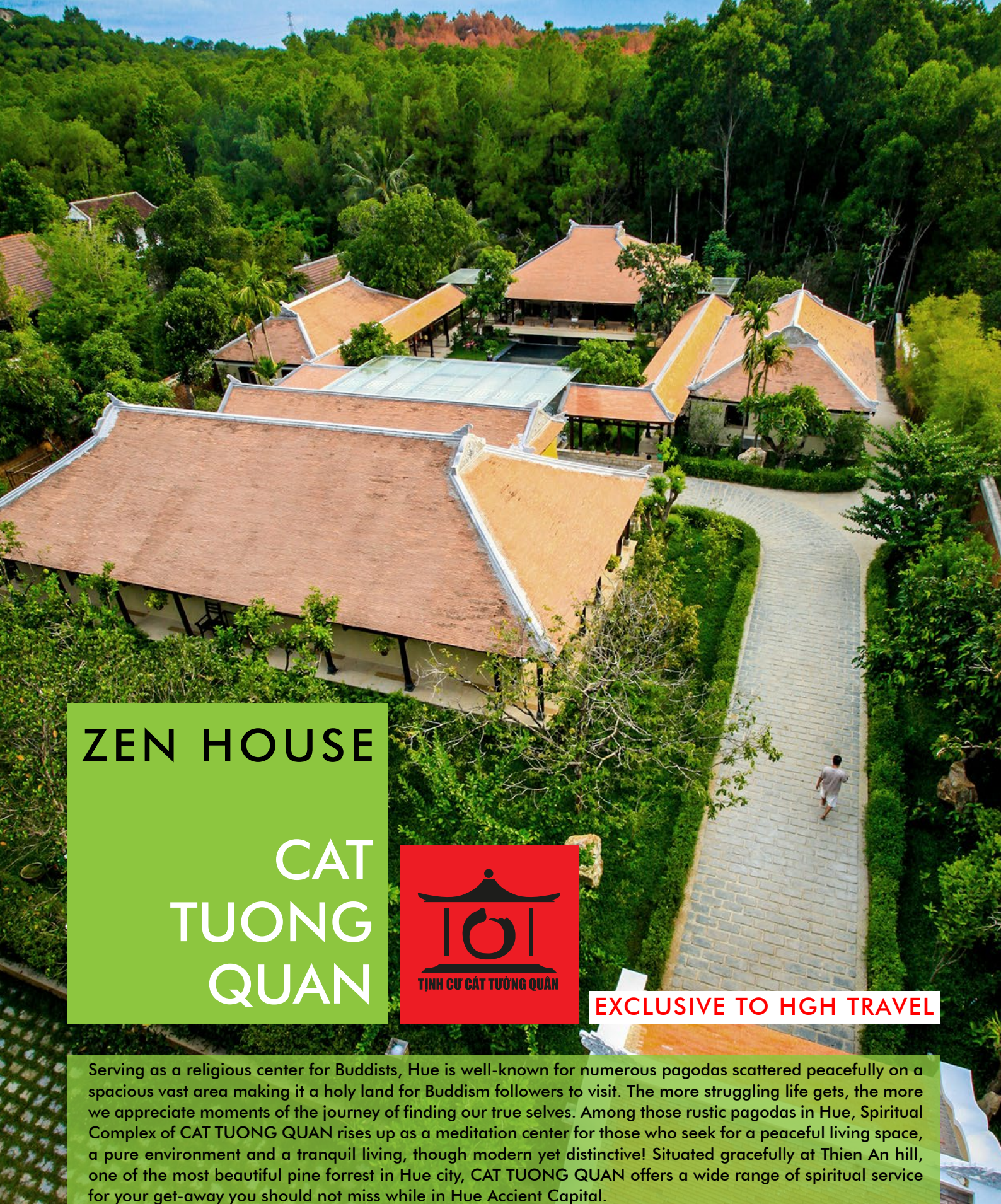
HGH TRAVEL

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Designed by Nguyen Thuong Hien - © by HGH Travel

YOUR INDOCHINA ADVENTURE STARTS HERE



ZEN HOUSE  
CAT  
TUONG  
QUAN



EXCLUSIVE TO HGH TRAVEL

Serving as a religious center for Buddhists, Hue is well-known for numerous pagodas scattered peacefully on a spacious vast area making it a holy land for Buddhism followers to visit. The more struggling life gets, the more we appreciate moments of the journey of finding our true selves. Among those rustic pagodas in Hue, Spiritual Complex of CAT TUONG QUAN rises up as a meditation center for those who seek for a peaceful living space, a pure environment and a tranquil living, though modern yet distinctive! Situated gracefully at Thien An hill, one of the most beautiful pine forrest in Hue city, CAT TUONG QUAN offers a wide range of spiritual service for your get-away you should not miss while in Hue Accient Capital.



**RELAX MOMENTS**

Experience the unique architecture of Hue "Nha Ruong", a traditional wooden beam house and learn about culture and Hue way of life through the spiritual meaning of CAT TUONG QUAN complex.



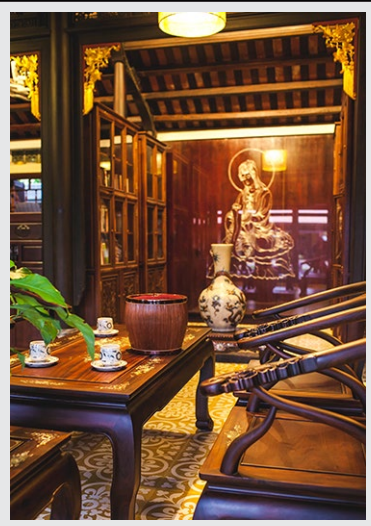
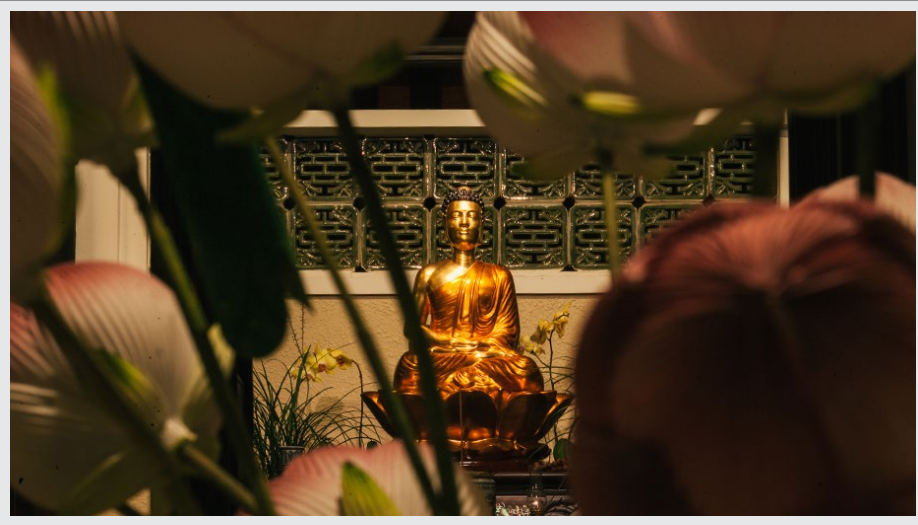
**CAT TUONG QUAN'S CUISINE**

**HOME GROWN ORGANIC VEGETARIAN BUFFET**

A source of freshly organic herb plays the mandatory role in producing various kinds of distinctive CTQ's dishes and beverages. You will also have an insight of healthy organic ingredients in use in CTQ and clever masters who create such dishes.

**MEDITATION THERAPY**

A speech from our lovely host will explain to you "Why we should meditate before, during and after meal" and how to completely enjoy CTQ's art of cuisine.



**CAT TUONG QUAN'S CLASSES**

A healthy set menu, a peaceful living space, a pure environment combined with a relaxing exercise class will help you to totally achieve the tranquil unification of body and soul through Taichi course, Zenning or Yoga. Also a vegetarian cooking class will be held for those who seek for food for soul.

**OTHER EVENTS**

our venue can also be chartered for your exclusive event like wedding ceremony, birthday, board meetings or classes...